

Senior Adults: Sixth Day

Sixth Day for Sage & Spirited Seniors is a monthly gathering for senior adults offering opportunities for fellowship and sharing a meal together. *Sixth Day* meets on the second Friday of each month in the Fellowship Hall from 10:00 am to noon. The cost is \$5 per person, which includes a delicious lunch.

Sixth Day Spring Schedule:

March 9—Pullin' Out All the Stops with Jane Ripper, Associate Director of Music/Organist (meets in the Sanctuary). Jane will perform music that demonstrates different sounds of the King of Instruments.

April 13—Golda Meir with Helen Trencher
During this presentation that starts in 1974, you will have a rare opportunity to meet the Prime Minister of the State of Israel, Golda Meir, as she reflects on the early years of her storied career, 1914 – 1948 (the point of her resignation).

May 13—Spring Celebration — more details to follow!

The Wellshire Experience

Whether you were born a Presbyterian or have become a Presbyterian by choice, you are part of an amazingly diverse, historically rooted church. This four-week class is designed for new members and prospective members who want to take a deeper look at what it means to be a disciple of Jesus Christ and to live out that discipleship at Wellshire.

*** PRE-REGISTRATION REQUIRED; please visit www.wpcdenver.org/events or email Holly Inglis at hinglis@wpcdenver.org to sign up.**

April 15 | 9:45 am | Who Is Your Lord and Savior?
What do the membership questions mean for our life together and our individual lives? How do they impact our actions, our thoughts? When I become a part of the Wellshire community, what are my commitments and how will I carry out my commitments?
Instructor: Rev. Dr. John H. Bell, Pastor

April 22 | 9:45 am | Your Faith Journey
An opportunity to reflect on key moments when you can identify God's presence at work in your life and in the world around you.
Instructors: Holly Inglis, Church Educator, & Rev. Dr. John H. Bell, Pastor

April 29 | 9:45 am | Marks of a Disciple
Examine the six key elements that mark the life of a disciple and learn practical ways to implement them in your daily life.
Instructors: Rev. David & Loretta Graham Frees

May 6 | 9:45 am | Living Out Your Faith at Wellshire
Understanding the "big tent" philosophy of Wellshire opens up a wide variety of opportunities to live out your faith and deepen your discipleship.
Instructors: Rev. Dr. Pattie Kitchen, Associate Pastor for Mission & Outreach

Sunday Morning: Topics in Faith

Topics in Faith classes explore a variety of topics relevant to post-modern adult faith, utilizing experts trained and skilled in the field of study.

Celtic Contemplative Prayer

April 15-May 20

John Philip Newell's book *Listening for the Heartbeat of God* and *The Naked Now* by Fr. Richard Rohr form the basis of this exploration of the theology and practice of Celtic contemplative prayer. Please purchase and begin reading these books prior to the first class. This is not primarily an academic exploration; we'll spend time in prayer and meditation as well as in lively discussions.
Instructor: the Rev. Dr. Fred Wollerman

Explorations: Mid-week

Explorations classes focus on a particular area of study in depth and offer an opportunity to interact with experts trained and skilled in the field of study. Some advanced preparation is generally expected from participants in *Explorations* classes but may vary with each class. Specific classes may also require participants to purchase study materials and/or charge a fee.

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Beyond Theology

Monday, April 16 and 30 and May 7 and 21 | 6:30 pm

Beyond Theology explores the evolution of consciousness. This DVD series examines topics such as the challenges confronting humanity and the changing representations of God.
Facilitators: Glen MacCallum and Holly Inglis

Sunday Morning: Bible Study

Koinonia, the Greek word meaning 'communion,' accurately describes the community of sharing and spiritual growth that takes place in this discussion-based, multi-generational Bible study. Come to *Koinonia* anytime and as often as you are able – we welcome you! *Koinonia* meets on Sundays at 9:45 am.

February 26-May 20

This lectionary Bible study will reinforce and expand our understanding of the scriptures read and proclaimed in worship.
Teachers: Candace Loesby, Holly Hileman and Libby Viseur

Summer at Wellshire!

What could be more fun than a summer worship series and education focusing on Dr. Seuss? Dig out your Seuss books and join us for a Summer with Seuss! Details to follow.

Sunday Morning: Life Stages

Life Stages groups offer those in similar ages and stages of life a place to connect and to gather for study, discussion, laughter, and fellowship and to serve in mission together. Leadership is sometimes shared among members, but outside leaders are also utilized to bring a fresh perspective to the discussions. *Life Stages* groups meet on Sundays at 9:45 am. In addition to Sunday morning classes, life stage fellowship groups meet for fellowship and study. See FELLOWSHIP GROUPS for more information.

The Breakfast Club | 20- & 30-somethings

College and career'd, singles and couples, parents of infants through elementary school children, just moved and Colorado natives all join for lively discussions on topics relevant to the challenges of life as a Christian in the 21st century.

24 Hours That Changed the World

February 26-April 1

Travel to the Holy Land in this DVD study to visit the sites where the earth-shaking events of Holy Week took place. We will walk where Jesus walked and see what he may have seen, along the road that led to the triumph of the cross.

- February 26- *The Last Supper*
- March 4- *Garden of Gethsemane*
- March 11- *Condemned by the "Righteous"*
- March 18- *Jesus, Barabbas, and Pontius Pilate*
- March 25- *The Torture and Humiliation of the King*
- April 1- *The Crucifixion*

Teacher: Sandy Safford

Laugh Your Way to Grace

April 15-May 6

Laughter was honored by the ancients as a spiritual healing tool and celebrated by the world's great religions. So why aren't we laughing along the spiritual path today? What would happen if we did? Rev. Susan Sparks--an ex-lawyer turned comedian and Baptist minister--presents a convincing case that laughter can help:

- Remove the fearful mask of a God who doesn't laugh
- Debunk the myth that you don't deserve joy
- Find perspective when faced with adversity
- Exercise forgiveness for yourself and others
- Reclaim play as a spiritual practice
- Heal--emotionally, physically and spiritually
- Keep your faith when God is silent
- Live with elegance, beauty and generosity of spirit

Teachers (and co-comedians): Curtis Roe and Mark Inglis

Challenging Biblical Texts

May 13-May 20 (combined with Heroes)

What are some of the most challenging biblical texts that lead to controversies in interpretation and application? What makes them so challenging? Why were they included in the Canon of scripture and what message do they hold for us today?

Teacher: TBD

Sunday Morning: Life Stages—CON'T

Heroes | 40+

Sandwiched between caring for children at a variety of stages and aging parents, adults can often find it difficult to care for themselves, especially spiritually. Heroes are those who are learning what it means to care for their own soul and nurture their faith while caring for others, including those in need locally and around the world.

The Red Letters

February 26-April 1

"Red Letters" refers to the fact that in many Bibles, the words of Jesus are printed in red. The message of those red-lettered verses is radical. The goal of Red Letter Christians is simple: To take Jesus seriously by endeavoring to live out His radical, counter-cultural teachings as set forth in Scripture, and especially embracing the lifestyle prescribed in the Sermon on the Mount.

Teacher: Rev. Whitney Dempsey

The Millennium Matrix: Reclaiming the Past, Reframing the Future of the Church

April 15-May 6

The way we store and distribute information changes our worldviews. *The Millennium Matrix* explores the major paradigm and worldview shifts over the past two thousand years, from the oral culture of Jesus' time to the print world of Gutenberg's Bible to the broadcast era of television to the emerging digital culture. Readers will see the impact of communication on worship and spirituality and discover practical suggestions on how Christians can successfully navigate the rapid cultural changes that are occurring and that will continue to occur over the decades to come.

Teacher: Holly Inglis

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Lent 2012

Lectio Divina Group (Lenten worship precedes at 6:00 pm)

Wednesdays February 29, March 7, 14, 21 and 28 6:45 pm

Lectio Divina invites you to savor and mull over the lectionary texts used in worship in a quiet, slow and intentional process. This method of prayer is characterized by the slow reading and consideration of a text from Scripture, with repetition and meditation on key words or phrases. Lectio Divina is rooted in the belief that the scriptural word speaks in the human heart as the word of God and can reveal the thoughts of our hearts in response to God.

Midweek: Studies and Groups

Theology on Tap

4th Thursdays | 7:00 pm

A lively discussion group for those who want to explore the different theologies and theological issues that impact our faith and worldviews. Discussions focus on exploring our faith and the church, as well as our understanding of God in relationship with others, utilizing specific short readings that help focus conversation. Good beverages and lively conversation abound! For more information or the current topic and readings, contact Rev. Dr. Jason Whitehead at jwhitehead@wpcdenver.org.

Wellshire Book Club

1st Mondays | 7:00 pm

Do you enjoy reading? Then join the Wellshire Book Club: men and women who like to read and discuss a wide variety of literature from a Christian perspective. For more information or the current book, contact Nancy Carlson at ncarlso@du.edu.

Christian Women's Crossing

1st & 3rd Mondays | 7:00 pm

A Bible study and book discussion group for young and middle-aged women. Leadership is shared and the group chooses its own study material. Prayers and mutual support are an important part of this group. Contact Julie Lays at jlays@earthlink.net for further information.

Tuesday Morning Manna Bible Study

Tuesdays | 9:30 am

In-depth study that uncovers the cultural, historical and theological influences on the scriptures and explores the depth of Christian literature. Contact Jackie Burghardt at jburghardt@comcast.net for information.

Men's Bible Study

Wednesdays | 6:30 am

An on-going study of scripture and occasional related books, this study meets year-round for a light breakfast and an hour or so of discussion and joint learning. Men of all ages are invited! Contact Paul Day-Lucre at pdaylucre@wpcdenver.org for details.

Presbyterian Women of Wellshire

Presbyterian Women of Wellshire is open to all women of Wellshire. Our purpose is simple: to provide personal growth through Christian fellowship, worship, Bible study and service. Contact Rev. Dr. Pattie Kitchen at pkitchen@wpcdenver.org or Holly Inglis at hinglis@wpcdenver.org for information on the Presbyterian Women of Wellshire.

Ruth and Sarah Circle 3rd Wednesday of each month @ 9:15am

Rachel Circle 3rd Thursday of each month @ 9:00 am

Rebekah Circle 3rd Thursday of each month @ 1:00 pm

Women of Wellshire Bible Study—Confessing the Beatitudes

1st Tuesdays | 9:30 am

All women are invited to this study, led by Holly Inglis, Church Educator, as we explore what the Beatitudes meant to the original audience as well as their connection with some of the most difficult issues facing the world today. Leaders of PW circles will find this study helpful as they prepare to lead their group study.

Fellowship Groups

YAX (Young Adult Christians)

A group of active, enthusiastic 20-somethings, eager to gather wherever food, friends and fun are on the agenda. Contact Rev. Brian Daoust for more information at bdaoust@wpcdenver.org.

The CORE

The CORE is a important connection for singles or marrieds in their late 20s to 30s. It's a vibrant group that gathers for fellowship, conversations, meals, community service and fun activities relevant to members' lives. Contact Rev. Brian Daoust for more information at bdaoust@wpcdenver.org.

Family Ties

Families with children up through 5th grade meet at Wellshire on the 1st & 3rd Sunday evenings from 4:30 to 6:00 pm for fabulous and lively discussions (childcare provided). Special "parent-only" evenings are scattered throughout the year as well as service and mission opportunities for families. Contact Holly Inglis at hinglis@wpcdenver.org or becca Winslow at beccahuntington@gmail.com for more information.

Pioneers

Folks who are 40+ gather at Wellshire on the 2nd Sunday evenings from 6:00 to 8:00 pm for fellowship, mission and study and on the 4th Friday off site for social connection and fellowship. Parents of Middle and High School youth are especially welcome! For more information, contact Janie Johnson at raydjay56@comcast.net or Holly Inglis at hinglis@wpcdenver.org.

Schooners

Are you in your fabulous 50s and beyond? If so, join the Schooners for monthly fellowship and service. For more information, contact Billie Mae Scheuernstuhl at billiemae@gmail.com or Rev. Pattie Kitchen at pkitchen@wpcdenver.org.

**Adults living faithfully,
demonstrating Christ's love**

wellshire church
Presbyterian Church (USA)

**Adult Education
Spring 2012**

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Denver, CO 80222

www.wpcdenver.org